

**Sermon Notes from Pastor Mike Mirakian
Broadway Covenant Church**

Philippians 4:4-9 “Overcoming Anxiety”
February 3, 2019

Anxiety floods your heart with fear and worry, washing away the joy God offers.

Rejoicing in God’s goodness pushes back against anxiety.

Prayer brings you God’s peace in place of anxiety.

- John 14:27

Filling your heart and mind with the good things of God helps overcome anxiety.